

## 26th Annual We Build People 5K/1 Mile

Race Date  
July 04, 2010

Pump and Run Age Group Report

## 5K Pump n Run

## Male 18 and under

Place	Name	City	Age	Bib No	Actual Time	Reps	Time Adjustment	Adjusted Time
1	Stephen Bouch	Virginia Beach	18	324	22:46.24	26	13:00.00	09:46.24
2	Nicholas Wengler	Virginia Beach	18	317	23:36.30	22	11:00.00	12:36.30
3	Guillaume Marechal	Virginia Beach	15	156	19:30.55	2	01:00.00	18:30.55
4	Jeremiah Meade	Virginia Beach	15	341	31:02.23	10	05:00.00	26:02.23

## Male 19 to 38

Place	Name	City	Age	Bib No	Actual Time	Reps	Time Adjustment	Adjusted Time
1	Robert Rose	Virginia Beach	24	200	21:10.49	23	11:30.00	09:40.49
2	Mark Alan Brammer	Schoolcraft	34	29	20:22.27	20	10:00.00	10:22.27
3	Mark V. Chiu	Virginia Beach	35	51	22:22.92	22	11:00.00	11:22.92
4	Kevin Shay	Fort Thomas	31	394	19:41.70	16	08:00.00	11:41.70
5	Shawn Nocilla	Roxboro	32	174	19:42.26	16	08:00.00	11:42.26
6	Michael Glenn	Midlothian	33	318	22:46.13	22	11:00.00	11:46.13
7	Ryan Pawlowski	Greenbackville	25	180	24:49.14	22	11:00.00	13:49.14
8	Joe McSweeney	Virginia Beach	37	161	25:23.37	23	11:30.00	13:53.37
9	Nicholas Grose	Virginia Beach	26	108	24:01.58	17	08:30.00	15:31.58
10	Gregory Abbott	Manassas	38	1	23:38.05	15	07:30.00	16:08.05
11	Paul Hutta	Suffolk	38	319	20:26.08	8	04:00.00	16:26.08
12	Justin David Leblanc, Sr	Chesapeake	35	139	32:05.08	30	15:00.00	17:05.08
13	Jimmy Siekbert	Virginia Beach	24	217	25:09.42	14	07:00.00	18:09.42
14	Michael Demko	Virginia Beach	35	327	21:11.25	2	01:00.00	20:11.25
15	Monty Buck	Chesapeake	34	321	26:29.49	12	06:00.00	20:29.49
16	Chris Baggett	Chesapeake	27	9	27:20.75	13	06:30.00	20:50.75
17	Mike Bordi	Virginia Beach	36	398	22:40.06	3	01:30.00	21:10.06
18	Harry Jimenez	Virginia Beach	32	127	28:09.41	9	04:30.00	23:39.41
19	Dennis Cushing	Virginia Beach	35	279	27:47.97	8	04:00.00	23:47.97
20	Garrett Haltiwanger	Chesapeake	37	395	26:01.73	1	00:30.00	25:31.73
21	George Arellano	Norfolk	26	8	28:29.00		00:00.00	28:29.00
22	Gregory Grimsley	Virginia Beach	35	283	34:51.54		00:00.00	34:51.54

## Male 39 and over

1	David Burkhead	Parksley	43	39	22:51.12	30	15:00.00	07:51.12
2	Robert Dominguez	Virginia Beach	46	322	23:12.86	30	15:00.00	08:12.86
3	Greg Richardson	Chesapeake	50	192	23:23.80	30	15:00.00	08:23.80
4	Gary Searcy	Virginia Beach	54	212	22:49.39	27	13:30.00	09:19.39
5	Mike Denning	Virginia Beach	44	278	19:01.86	19	09:30.00	09:31.86
6	Bob Schlemmer	Seattle	50	207	20:16.03	20	10:00.00	10:16.03
7	Jay Hutson	Virginia Beach	40	125	27:20.36	30	15:00.00	12:20.36
8	Craig Hamilton	Virginia Beach	43	326	27:11.42	26	13:00.00	14:11.42
9	Mark Terrell	Chesapeake	41	242	20:17.47	10	05:00.00	15:17.47
10	James Harris	Norfolk	49	311	22:14.64	13	06:30.00	15:44.64
11	John Kinsley	Virginia Beach	39	388	24:19.54	17	08:30.00	15:49.54
12	Kim Everett	Virginia Beach	42	303	24:38.89	17	08:30.00	16:08.89
13	Christopher Taylor	Virginia Beach	49	241	24:07.88	15	07:30.00	16:37.88
14	Clark Jackson	Charlottesville	54	304	19:54.86	3	01:30.00	18:24.86
15	William H Crawford	Virginia Beach	44	59	25:19.31	13	06:30.00	18:49.31
16	Terry Koob	Virginia Beach	43	135	24:28.51	10	05:00.00	19:28.51
17	Jim Snyder	Kill Devil Hills	42	364	19:40.73		00:00.00	19:40.73
18	Brian Smith	Virginia Beach	51	218	26:10.73	12	06:00.00	20:10.73
19	Ron Seckora	Virginia Beach	40	342	30:51.07	17	08:30.00	22:21.07
20	Jerry Burton	Chesapeake	45	40	29:13.45	11	05:30.00	23:43.45
21	Andy Meade	Virginia Beach	47	340	31:21.92	12	06:00.00	25:21.92
22	William Joseph Dungan Jr	Virginia Beach	54	74	26:09.07		00:00.00	26:09.07
23	Raymund Manaois	Virginia Beach	43	154	29:27.39	5	02:30.00	26:57.39
24	Elbert Stewart	Norfolk	45	331	37:57.65	5	02:30.00	35:27.65

## Female 1 to 18

Place	Name	City	Age	Bib No	Actual Time	Reps	Time Adjustment	Adjusted Time
1	Aleca Blaisdell-Black	Virginia Beach	18	26	24:50.24	15	07:30.00	17:20.24
2	Carly Benezé	Virginia Beach	15	19	45:26.45	10	05:00.00	40:26.45

## Female 19 to 38

Place	Name	City	Age	Bib No	Actual Time	Reps	Time Adjustment	Adjusted Time
1	Kim Winters	Virginia Beach	33	265	26:05.08	12	06:00.00	20:05.08
2	Jennifer Jellig	Virginia Beach	31	285	20:31.50		00:00.00	20:31.50
3	Rebecca Zimmerman	Virginia Beach	31	301	26:49.98		00:00.00	26:49.98
4	Brandi Harrison	Virginia Beach	27	114	28:33.28		00:00.00	28:33.28
5	Bethany Potter	Newport News	20	184	29:21.45		00:00.00	29:21.45
6	Jalon Fowler	Revere	34	97	32:58.92		00:00.00	32:58.92
7	Alyce Linthurst Jones	Virginia Beach	38	129	36:07.84		00:00.00	36:07.84
8	Alma Ocampo	Virginia Beach	34	323	37:53.84	2	01:00.00	36:53.84

9 Christy Fanelli Virginia Beach 34 85 38:57.35 00:00.00 38:57.35

Female 39 and over

Place	Name	City	Age	Bib No	Actual Time	Reps	Time Adjustment	Adjusted Time
1	Diane Haupt	Virginia Beach	44	296	20:30.86	30	15:00.00	05:30.86
2	Susan Gill	Virginia Beach	45	99	23:08.82	29	14:30.00	08:38.82
3	Patricia Cook Adolphi	Virginia Beach	46	4	23:43.74	30	15:00.00	08:43.74
3	Dena R. Goble	Newport News	40	102	24:12.04	30	15:00.00	09:12.04
4	Jamie Bunting	Virginia Beach	43	38	27:54.48	26	13:00.00	14:54.48
5	Cat Strathmann	Norfolk	45	284	25:56.07	14	07:00.00	18:56.07
6	Belle Abenir	Virginia Beach	42	2	23:07.59	8	04:00.00	19:07.59
7	Rebecca Dalton	Virginia Beach	40	332	31:42.89	21	10:30.00	21:12.89
8	Carla Serex	Virginia Beach	49	214	28:39.25	11	05:30.00	23:09.25
9	Susan Manning	Virginia Beach	49	155	24:43.45	2	01:00.00	23:43.45
10	Sharon Weeks	Virginia Beach	56	286	26:16.82	5	02:30.00	23:46.82
11	Drusilla Powell	Chesapeake	50	185	33:43.13	15	07:30.00	26:13.13
12	Melinda Seemar	Norfolk	47	288	28:06.71	2	01:00.00	27:06.71
13	Gloria Siegel	Virginia Beach	66	216	38:06.26	16	08:00.00	30:06.26
14	Elizabeth Hamilton	Virginia Beach	46	325	32:08.51	3	01:30.00	30:38.51
15	Kathy Baker	Virginia Beach	54	10	34:09.14	6	03:00.00	31:09.14
16	Donna Denham	Virginia Beach	51	302	36:46.77		00:00.00	36:46.77
17	Sandy Baylor	Virginia Beach	69	280	41:26.90	5	02:30.00	38:56.90
18	Candi Benezé	Virginia Beach	44	18	45:26.42	3	01:30.00	43:56.42

Results By KaleRunning.com